

4A WESCO CONFERENCE MEET SCHEDULE

Wednesday May 8, 2019

3:45pm Coaches Meeting

Field Events

4:30 Boy's/Girl's Long Jump
4:30 Girl's Discus
4:30 Girl's Pole vault
4:30 Girl's Javelin
4:30 Boy's High Jump
4:30 Boy's Shot Put

Running Events

6:00pm National Anthem
6:10pm Boy's 110m High Hurdles
6:25pm Girl's 100m Int. Hurdles
6:40pm Boy's 100m Dash
6:50pm Girl's 100m Dash
7:00pm Boy's 1600m Run
7:15pm Girl's 1600m Run
7:30pm Boy's 4x100m Relay
7:35pm Girl's 4x100m Relay
7:40pm Boy's 400m Dash
7:55pm Girl's 400m Dash

Friday May 10, 2019

3:45pm Coaches Meeting

Field Events

4:30 Boy's/Girl's Triple Jump
4:30 Girl's Shot Put
4:30 Boy's Pole vault
4:30 Boy's Javelin
4:30 Girls High J
4:30 Boy's Discus

Running Events

6:00pm National Anthem
6:10pm Girls 4x200 Relay
6:25pm Boy's 330 Int. Hurdles
6:40pm Girl's 300 low Hurdles
6:55pm Boy's 800m Run
7:10pm Girl's 800 m Run
7:25pm Boy's 200m Dash
7:40pm Girl's 200m Dash
8:00pm Boy's 3200m Run
8:15pm Girl's 3200m Run
8:30pm Boy's 4x400m Relay
8:35pm Girl's 4x400m Relay

NOTES:

- 1) Start times will not be altered to accommodate individuals under any circumstances. This schedule will be maintained throughout the meet. Some delays may be necessary to maintain the time schedule.
- 2) If girl's pole vault is cancelled on Wednesday, it will be rescheduled at 3:00pm on Friday and upon its completion, will be followed by the boys pole vault.